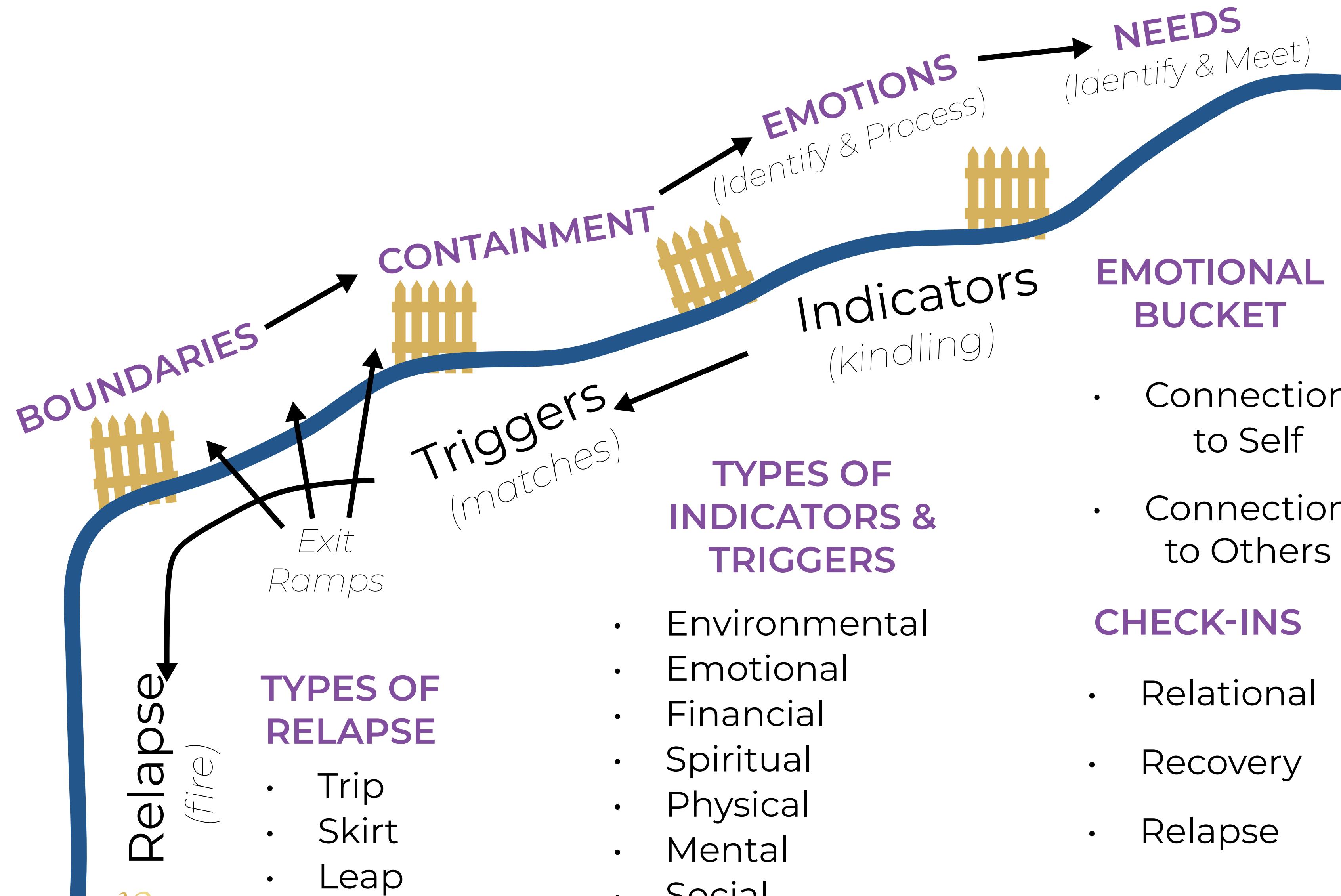


# RECOVERY SLOPE



# **TYPES OF RELAPSE**

- Trip
- Skirt
- Leap

# **TYPES OF INDICATORS & TRIGGERS**

- Environmental
- Emotional
- Financial
- Spiritual
- Physical
- Mental
- Social

# EMOTIONAL BUCKET

- Connection to Self
- Connection to Others

## CHECK-INS

- Relationa
- Recovery
- Relapse